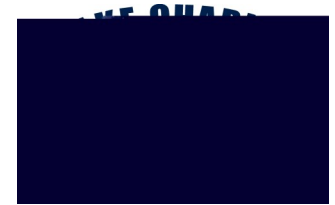


Thank You



May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9AM Pilates 9:00 AM Mostly Men's Yoga 8-12 Open Craft 10 AM Sit & Fit 5:45PM Circuit 5:45 PM Yoga 7:00PM Buti Yoga	2 9 AM Aerobics 9 AM Yoga 10 AM Line Dance 6:00 PM Buti Yoga	3 9 AM Zumba Gold 8-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball 5:00PM Buti Yoga	4
5	6 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba 7:00PM Buti Yoga	7 9 AM Strength & Mobility 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00PM Buti Yoga	8 9AM Pilates 9:00 AM Mostly Men's Yoga 8-12 Open Craft 10 AM Sit & Fit 5:45PM Circuit 5:45 PM Yoga 7:00PM Buti Yoga	9 9 AM Aerobics 9 AM Yoga 10 AM Line Dance 6:00 PM Buti Yoga	10 9 AM Zumba Gold 8-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball 5:00PM Buti Yoga	11 9 AM <i>Defensive Driving Class</i>
12	13 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba 7:00PM Buti Yoga	14 9 AM Strength & Mobility 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00PM Buti Yoga	15 9AM Pilates 9:00 AM Mostly Men's Yoga 8-12 Open Craft 10 AM Sit & Fit 5:45PM Circuit 5:45 PM Yoga 7:00PM Buti Yoga	16 9 AM Aerobics 9AM Yoga 10 AM Line Dance 6:00 PM Buti Yoga	17 9 AM Zumba Gold 8-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball 5:00PM Buti Yoga	18
19	20 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba 7:00PM Buti Yoga	21 9 AM Strength & Mobility 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00PM Buti Yoga	22 9AM Pilates 9:00 AM Mostly Men's Yoga 8-12 Open Craft 10 AM Sit & Fit 5:45PM Circuit 5:45 PM Yoga 7:00PM Buti Yoga	23 9 AM Aerobics 9AM Yoga 10 AM Line Dance 6:00 PM Buti Yoga	24 9 AM Zumba Gold 8-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball 5:00PM Buti Yoga	25
26	27 Closed For Memorial Day	28 9 AM Strength & Mobility 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00PM Buti Yoga	29 9AM Pilates 9:00 AM Mostly Men's Yoga 8-12 Open Craft 10 AM Sit & Fit 5:45PM Circuit 5:45 PM Yoga 7:00PM Buti Yoga	30 9 AM Aerobics 9AM Yoga 10 AM Line Dance 6:00 PM Buti Yoga	31 9 AM Zumba Gold 8-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball 5:00PM Buti Yoga	



Hours of Operation
Mon-Fri 6 AM - 8PM
Saturday 8 AM - 2PM
Closed on Sundays

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