

Thank You



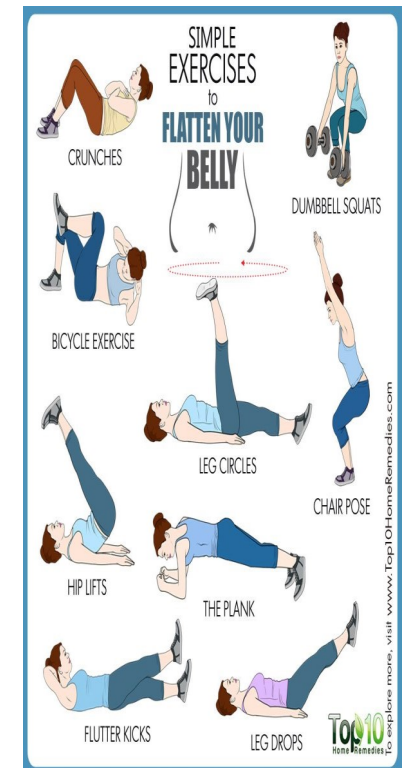
May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9 AM Zumba 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00 Buti Yoga	2 9AM Pilates 9:30-12 Open Crafts 10 AM Sit & Fit 5:45 PM Yoga 5:45PM Circuit	3 9 AM Aerobics 9 AM Yoga 10 AM Line Dance 5:30 Toning Bands 6:00 PM Buti Yoga 6:30pm Zumba	4 9 AM Zumba Gold 9:30-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball	5 10:00 Zumba
6	7 8 AM Pilates 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba	8 9 AM Zumba 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00 Buti Yoga	9 9AM Pilates 9:30-12 Open Crafts 10 AM Sit & Fit 5:45 PM Yoga 5:45 PM Circuit	10 9 AM Aerobics 9 AM Yoga 10 AM Line Dance 5:30 Toning Bands 6:00 PM Buti Yoga 6:30pm Zumba	11 9 AM Zumba Gold 9:30-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball	12 9 AM <i>Defensive Driving Class</i>
13	14 8 AM Pilates 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba	15 9 AM Zumba 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00 Buti Yoga	16 9AM Pilates 9:30-12 Open Crafts 10 AM Sit & Fit 5:45 PM Yoga 5:45PM Circuit	17 9 AM Aerobics 9AM Yoga 10 AM Line Dance 5:30 Toning Bands 6:00 PM Buti Yoga 6:30pm Zumba	18 9 AM Zumba Gold 9:30-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball	19 10:00 Zumba <i>World Vision Global 5K</i>
20	21 8 AM Pilates 9 AM Cardio Pilates 10 AM Sit & Fit 5:45 PM Yoga 6:30 PM Zumba	22 9 AM Zumba 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00 Buti Yoga	23 9 AM Pilates 9:30-12 Open Crafts 10 AM Sit & Fit 5:45 PM Yoga 5:45 PM Circuit	24 9 AM Aerobics 9AM Yoga 10 AM Line Dance 5:30 Toning Bands 6:00 PM Buti Yoga 6:30pm Zumba	25 9 AM Zumba Gold 9:30-12 Open Crafts 10 AM Sit & Fit 10 AM Bean Bag Baseball	26
27	28 Closed For Memorial Day	29 9 AM Zumba 9 AM Yoga 10 AM Line Dance 5:45PM HIIT Workout 6:00 Buti Yoga	30 9 AM Pilates 9:30-12 Open Crafts 10 AM Sit & Fit 5:45 PM Yoga 5:45 PM Circuit	31 9 AM Aerobics 9AM Yoga 10 AM Line Dance 5:30 Toning Bands 6:00 PM Buti Yoga 6:30pm Zumba		



Hours of Operation
Mon-Fri 6 AM - 8PM
Saturday 8 AM - 2PM
Closed on Sundays

**Enos Derbonne
 Sports Complex**
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