


February 2019

LC Ward 3 Recreation-MLK Center
2009 North Simmons Street 337-491-1497



Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Daily Devotions</p>					<p>1 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm</p>	<p>2 CLOSED</p>
<p>3</p> 	<p>4 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>5 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm</p>	<p>6 Basic Sewing 10-1:30 pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>7 Donuts & Devotion 9-10am Modern Quilting 10-1:30pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm</p>	<p>8 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm</p>	<p>9 CLOSED</p>
<p>10</p> 	<p>11 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>12 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball League – Beginning at 6:00 pm-</p>	<p>13 Retired Teachers 12-2:30pm Basic Sewing 10-1:30 pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>14 Donuts & Devotion 9-10 am Modern Quilting 10-1:30pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball League - Beginning at 6:00 pm-</p>	<p>15 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm</p>	<p>16 YOUTH BASKETBALL LEAGUE - Beginning at 8 am</p>
<p>17</p> 	<p>18 Bingo 10-11:30am Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>19 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball League - Beginning at 6:00 pm-</p>	<p>20 Basic Sewing 10-1:30 pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm</p>	<p>21 Donuts & Devotion 9-10 am Modern Quilting 10-1:30pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball League - Beginning at 6:00 pm-</p>	<p>22 Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm AARP – 1 - 3</p>	<p>23 YOUTH BASKETBALL LEAGUE- Beginning at 8 am</p>

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24	25	26	27	28		
	Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm	Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball – Beginning at 6 pm -	Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Yoga Class 5:30-6:30 pm	Donuts & Devotion 9-10 am Modern Quilting 10-1:30pm Weight Room/Walking Track 6am-6:45 pm Open Play (Basketball Computer & Game Room) 8am-6:45pm Chair Aerobics 5:30-6:30 pm Adult Basketball 6 pm-		

WINTER HOURS: Monday – Friday – Weight Room/Walking Track – 6:00 am – 7:00 pm
– Open Play – 8:00 am – 7:00 pm

SUMMER HOURS: Monday – Friday – Weight Room/Walking Track – 6:00 am – 7:00 pm / Saturday – 8:00 am – 2:00 pm
- Open Play – 8:00 am – 7:00 pm