

JANUARY 2019 LC Ward 3 Recreation-Natatorium

FACILITY HOURS MON-FRI 6AM-8PM SAT 8AM-2PM



2019!

HAPPY NEW YEAR!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		NEW YEAR'S DAY  FACILITY CLOSED		GRAND OPENING  11AM		FITNESS EXPO  10AM-1PM
	WATER AEROBICS 6:30AM AQUA FLEX 10:30AM AQUA BLAST 6:00PM	GET FIT WITH DENISE 9:00AM AQUA BLAST 6:00PM	AQUA FLEX 10:30AM AQUA BLAST 5:30PM	GET FIT WITH DENISE 9:00AM AQUA BLAST 6:00PM	WATER AEROBICS 6:30AM	
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	MARTIN LUTHER KING DAY  FACILITY CLOSED	GET FIT WITH DENISE 9:00AM AQUA BLAST 6:00PM	AQUA FLEX 10:30AM AQUA BLAST 5:30PM	GET FIT WITH DENISE 9:00AM AQUA BLAST 6:00PM	WATER AEROBICS 6:30AM	
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