

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MORNING AEROBICS CLASSES WILL BE HELD IN THE LARGE ACTIVITY ROOM July 10-12 & July 17-19			WATER AEROBICS MORNING CLASSES UNIVERSITY POOL 7:15A-8:15A	WATER AEROBICS EVENING CLASSES SECOND AVENUE POOL 6:30P-7:30P		1
2	3	4	5	6	7	8
JULY 2017		JULY 4TH FACILITY CLOSED PARK OPEN 8AM-8PM	GRIDIRON REHEARSAL 530-730PM	GRIDIRON REHEARSAL 530-730PM		Tennis Tournament 8A-5P Basketball Tryouts
9	10	11	12	13	14	15
Tennis Tournament	Volleyball Camp 9a-11a	Volleyball Camp 9a-11a	Volleyball Camp 9a-11a			
16	17	18	19	20	21	22
	MSU Volleyball Camp 9a-112p	Board Meeting 530p MSU Volleyball Camp 9a-112p	GRIDIRON REHEARSAL 530-730PM MSU Volleyball Camp	GRIDIRON REHEARSAL 530-730PM		
23	24	25	26	27	28	29

MONDAY
8:00AM YOGA
9:00AM SENIOR

TUESDAY
8:00AM YOGA
9:00AM GET LOW
12:15PM EXPRESS SPIN
5:00PM SPINNERS 101
5:30PM ZYDECO FITNESS

WEDNESDAY
8:00AM YOGA
8:30AM ZUMBA GOLD
9:00AM SENIOR SPIN
12:15PM EXPRESS SPIN
5:00PM SPINNERS 101
6:30PM ZUMBA

THURSDAY
5:15AM EARLYBIRD SPIN
8:00AM BEANBAG BASEBALL
9:00AM LINE DANCE
5:00PM SPINNERS 101

FRIDAY
5:15AM EARLY SPIN
8:00AM BEANBAG
9:00AM GET LOW

31