






March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8AM YOGA 9 AM SR SPIN 9 AM LINE DANCE 5PM SPIN 530PM B-FIT BOOTBAMP	3 8AM YOGA 9 AM GET LOW 9 AM CRAFTY TUESDAY 5PM SPIN 530PM HIIT-STEP	4 8AM YOGA 8:30 AM ZUMBA GOLD 5PM SPIN 530PM BUTI YOGA	5 8AM BEANBAG BASE-BALL 5PM SPIN 530PM ZUMBA	6 5:15A SUNRISE SPIN BEANBAG BASE-BALL	7 BASKETBALL SEASON TRACK CLOSED
	9 8AM YOGA 9 AM SR SPIN 9 AM LINE DANCE 5PM SPIN 530PM B-FIT BOOTBAMP	10 8AM YOGA 9 AM GET LOW 9 AM CRAFTY TUESDAY 5PM SPIN 5:30PM ZYDECO	11 8AM YOGA 8:30 AM ZUMBA GOLD 5PM SPIN 530PM BUTI YOGA	12 8AM BEANBAG BASE-BALL 5PM SPIN 530PM ZUMBA	13 5:15A SUNRISE SPIN BEANBAG BASE-BALL 9A Movie Matinee	14 BASKETBALL SEASON TRACK CLOSED
15	16 8AM YOGA 9 AM SR SPIN 9 AM LINE DANCE 5PM SPIN 530PM B-FIT BOOTBAMP	17 8AM YOGA 9 AM GET LOW 9 AM CRAFTY TUESDAY 5PM SPIN 530PM HIIT-STEP	18 8AM YOGA 8:30 AM ZUMBA GOLD 5PM SPIN 530PM BUTI YOGA Board Meeting	19  8AM BEANBAG BASE-BALL 5PM SPIN 530PM ZUMBA	20 5:15A SUNRISE SPIN BEANBAG BASE-BALL	21 BASKETBALL SEASON TRACK CLOSED
22	23 8AM YOGA 9 AM SR SPIN 9 AM LINE DANCE 5PM SPIN 530PM B-FIT BOOTBAMP	24 8AM YOGA 9 AM GET LOW 9 AM CRAFTY TUESDAY 5PM SPIN ZYDECO	25 8AM YOGA 8:30 AM ZUMBA GOLD 5PM SPIN 530PM BUTI YOGA	26 8AM BEANBAG BASE-BALL 5PM SPIN 530PM ZUMBA	27 5:15A SUNRISE SPIN BEANBAG BASE-BALL Senior Games at McNeese	28 Thicker Than Water BASKETBALL SEASON TRACK CLOSED
29 	30 8AM YOGA 9 AM SR SPIN 9 AM LINE DANCE 5PM SPIN 530PM B-FIT BOOTBAMP	31 8AM YOGA 9 AM GET LOW 9 AM CRAFTY TUESDAY 5PM SPIN 530PM HIIT-STEP	TENNIS PRACTICE 10,12, 16, 18 ST. LOUIS 3:30P-6:00P 24TH & 26TH 28TH-9A-12:00P GIRL SCOUTS MEETING EVERY THURSDAY		19TH WELLNESS SESSION ELEVATE PHYSICAL THERAPY 9:00A	