





# February 2018

Pryce Miller Recreation \*216 Albert St.\* Lake Charles, LA 70601\* (337) 502-5231

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Walking to New Orleans Fitness Challenge...				1 9am Walk away lbs. 10am Checking your Blood Pressure	2 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag  	3
4	5 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Zumba Gold	6 9am Walk away lbs. 10am Quilting	7 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Dance Class	8 9am Walk away lbs. 10am Let's talk about Health	9 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag	10
11	12 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Zumba Gold	13 	14  9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Dance Class	15 9am Walk away lbs. 10am Forms of Depression	16 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag	17
18	19  9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Zumba Gold	20 9am Walk away lbs. 10am Arts & Craft	21 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Dance Class	22 9am Walk away lbs. 10am LSU Ag 2 in 1	23 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag	24
25	26 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Zumba Gold	27 9am Walk away lbs. 10am Arts & Craft	28 9am Walk away lbs. 945am Jazzy Rope 1015am Bean Bag 1130am Dance Class	<b><u>Hours of Operation:</u></b> <b>Monday - Friday 5am-7pm</b> <b>Saturday 8am-2pm</b>		