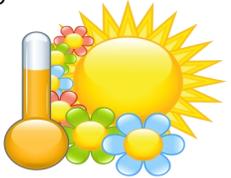




# May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8AM YOGA 9AM LINE DANCE 5PM SPIN	3 9AM CHAIR YOGA 10AM CHAIR CARDIO 5PM SPIN	4 8AM YOGA 5PM SPIN	5 8A Beanbag Baseball 9A-Chair Yoga 10AM Senior Shindig!	6 8AM BEANBAG	7 Jr. Deputy 8A-11A
	9 8AM YOGA 9AM LINE DANCE 5PM SPIN	10 9AM CHAIR YOGA 10AM CHAIR CARDIO 5PM SPIN	11 8AM YOGA 5PM SPIN	12 8AM BEANBAG 9AM CHAIR YOGA 530PM ZUMBA	13 8AM BEANBAG	14 Jr. Deputy 8A-11A
	15	16 8AM YOGA 9AM LINE DANCE 5PM SPIN	17 9AM CHAIR YOGA 10AM CHAIR CARDIO 5PM SPIN	18 8AM YOGA 5PM SPIN	19 8AM BEANBAG 9AM CHAIR YOGA 530PM ZUMBA	20 8AM BEANBAG
22	23 8AM YOGA 9AM LINE DANCE 5PM SPIN	24 9AM CHAIR YOGA 10AM CHAIR CARDIO 5PM SPIN	25 8AM YOGA 5PM SPIN	26 8AM BEANBAG 9AM CHAIR YOGA 530PM ZUMBA	27 8AM BEANBAG	28 Jr. Deputy 8A-11A
29 	30 Memorial Day Hours 5A-12P NO CLASSES	31 9AM CHAIR YOGA 10AM CHAIR CARDIO 5PM SPIN				



Website: [lward3recreation.com](http://lward3recreation.com)  
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