



## Lake Charles Ward 3 Recreation LCW3-YBL OFFICIAL RULES

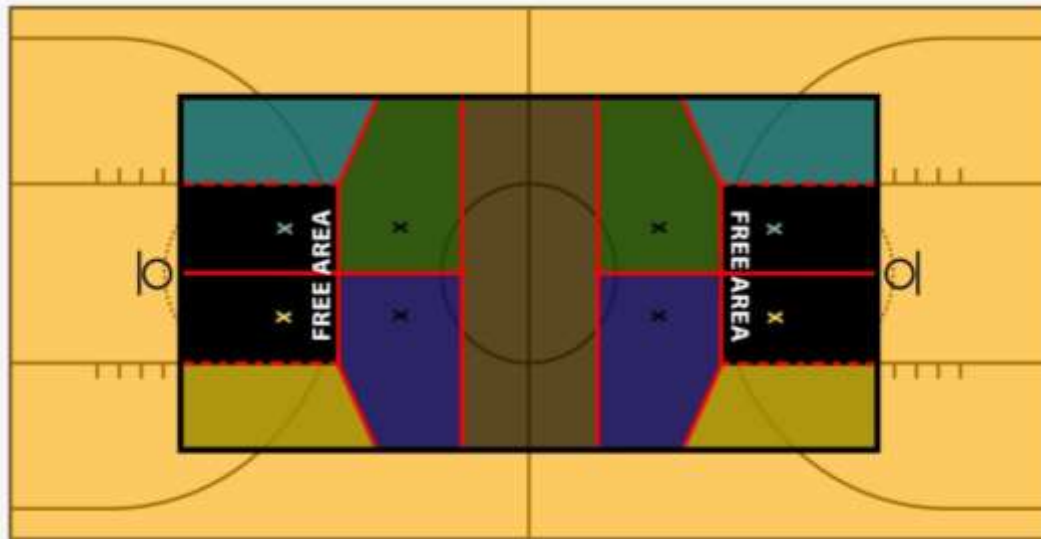
ELIGIBILITY: TURNED 7YRS OLD AFTER JULY 31<sup>ST</sup> OF LAST YEAR / TURNS 5YRS OLD BEFORE FEBRUARY 1<sup>ST</sup> OF THIS YEAR

# 5/6 Youth Basketball

*These rules and regulations were put in place by the Athletic Director of Lake Charles Ward 3 Recreation.  
Other rules & regulations will refer to the NFHS Association.*

**I. Court, Goals & Ball Dimensions:** Games will be played on a 30' x 60' court (Volleyball Court), 8' basketball goals, and with a 27.5 ball size.

**II. Defense Rules & Regulations:** Both teams **MUST PLAY A 2-2 Zone Defense**, and players must remain in their zone (Players do not have to remain on the 'X' – it's just there to help players quickly transition themselves defensively). The only time a player is allowed out of his/her zone is when the ball is inside the "FREE AREA."



**III. Disciplinary Actions-** Any person (Coaches, Players, and/or Spectators) who is asked to leave the premises by a Lake Charles Ward 3 Recreation Staff Member **MUST** leave at the time of the request given. If he/she declines this request, it can lead to his/her team forfeiting the game, including but not limited to game and/or season suspension(s), and can lead to being banned from Lake Charles Ward 3 Recreation. All decisions made by staff will be further investigated by the Lake Charles Ward 3 Administration.

**IV. Eligibility:** A player must be registered with a birth certificate on file, prior to the start of the season. Any player that does not have a birth certificate on file will not be allowed to play. Coaches should confirm the birthday of all players listed on their roster.

- V. **Foul Play/Unsportsmanlike Conduct- NOT TOLERATED.** If the sight coordinator or official witnesses any acts of intentional grabbing, elbowing, cheap shots, or any unsportsmanlike act, it can result in a technical foul or an ejection from the game. Offensive or confrontational language will **NOT** be tolerated. Officials have the right to determine offensive language. If offensive or confrontational language occurs, the referee may give a warning. If it continues, it can lead to player/coaches ejections.
- VI. **Fouls:** A player that is fouled will retain possession of the ball. His/her team will dribble the ball starting from the half court line to continue play. Although fouls are not kept in the book, the official has the right to substitute a player for excessive fouling.
- VII. **Halftime shooting:** Each team will shoot the same amount of free throw shots worth 1-point each. If teams has unequal amount of players, the team that is short will have a player or players shoot twice to make the equal number of shot attempts. The coach will decide which player or players shoot twice for his/her team. **No player is allowed to shoot 3 shots.**
- VIII. **Offense/Scoring:** Offense must ALWAYS make an attempt to score (no stalling the clock) and screens are NOT allowed! **\*\*NEW\*\*** All shot attempts must be made from INSIDE zone areas. All scores will count for 2pts. Halftime shots will count for 1pt.
- IX. **Player/Coach:** Players and coaches are allowed to speak to the officials, but they must be courteous at all times when doing so. Any player or coach is not being respectful to the game, can lose the right to talk to the officials. The official may issue a warning before enforcing technical fouls. The official always has the right to eject a player/coach from the game. *All ejections will be investigated by the league director.*
- X. **Players Equipment:** Home team will wear WHITE and away team will wear ALTERNATE. The proper jersey, shorts, and shoes are required in order to participate in the game. This does **NOT** include: Cut off shorts, jean shorts, jean pants, boots, etc. ALL jewelry must be removed before the game. Any player that is in violation of Players Equipment **WILL NOT BE ALLOWED TO PLAY.**
- XI. **Playoffs:** **\*\*NEW\*\*** Top (8) teams will advance to the playoffs. Seeding will be determined by: 1. A team's record. Teams with the best record will be the higher seed. If teams A & B are tied in the record column, but team A beat team B earlier in the season – Team A will be the higher seed (regardless of the point system). 2. The point system. Teams that are tied in the record column will be seeded according to their win/loss point differential. In the event of a tie in both columns, and those teams have not played earlier in the season, a drawing will be done to determine which teams get the higher seed. The max number of points a team can receive/lose is 20pts per game.

**XII.**           **Possession of Ball:** The home team will get possession of the ball to start the game. **NO JUMP TIP**. From then on, possession of the ball will be kept by the officials and scores table.  
**\*\*NEW\*\* No fast breaks allowed. All transitions will be stopped at the point of possession by the defense.**

**XIII.**           **Rosters:** Teams are expected to be ready 15 minutes prior to tip-off. A team must have at least 3 players to begin a game but must have at least 4 players before the beginning of the 2<sup>nd</sup> quarter. If the team does not have 4 players at the beginning of the 2<sup>nd</sup> quarter, the game will be a forfeit. However, the game can still be played with the officials and a timer, but the team with the full roster will receive the Win. A team may consist of a maximum of 12 players and a minimum of 5 players. All players ***are expected*** to play **AT LEAST 7 MINUTES (1 Quarter)**. *All questionable players' minutes will be investigated by the league director.*

**XIV.**           **Time/Halftime:** Games will consist of (4) 7 minute quarters **RUNNING TIME**. Each team is allowed **one timeout per half (1- 60sec)**. Injuries will ALWAYS stop the clock.

LC Ward 3 Recreation Pryce/Miller Recreation Center: 337-502-5231  
LC Ward 3 Recreation Power Centre Multi-Sport Complex: 337-990-0112  
LC Ward 3 Recreation Enos Derbonne Sports Complex (Lake Street): 337-502-5214  
LC Ward 3 Recreation MLK Center 337-491-1497

Lake Charles Ward 3 Recreation encourages you to visit our website  
'[www.lcward3recreation.com](http://www.lcward3recreation.com)' and also join the league's Facebook page  
'Lake Charles Ward 3 Youth Athletics' to keep up with all the latest league news, scheduling,  
and rankings. Hard copies of the schedule will be available on all game days. Games are  
scheduled to start ON TIME. Exceptions will ONLY be at the site coordinator's discretion.

